

| Function | Item | Weight(g) | Qty | Lbs |
|--|--|-----------|--------------|-------------|
| Shelter / Sleep | | | | |
| Sleeping Quilt | EE Revolution 40F (7.02oz 950fp down) | 341 | 1 | 0.75 |
| Sleeping Pad | NeoAir Uberlight | 237 | 1 | 0.52 |
| Solo Shelter | X-Mid Pro 1 w Stakes | 530 | 1 | 1.17 |
| | | | Total | 2.45 |
| Packing | | | | |
| Medium Backpack | Kakwa 55 | 835 | 1 | 1.84 |
| Hold Quilt | Sea to Summit UltraSil 8L | 36 | 1 | 0.08 |
| Hold Food (Bear Proof) | Ursack Major | 243 | 1 | 0.54 |
| Hold Clothes | Granite Gear #5 11L Silnylon | 28 | 1 | 0.06 |
| Hold Small Items | Sea to Summit UltraSil XXS (2.5L) | 10 | 1 | 0.02 |
| Water Bottle | 1L Water Bottle | 37 | 1 | 0.08 |
| Large Water Container | Platypus 2L | 38 | 1 | 0.08 |
| Fuel Bottle | Alcohol Fuel Bottle (17 fl oz) | 29 | 1 | 0.06 |
| | | | Total | 2.77 |
| Clothing | | | | |
| Baselayer - Socks | Darn Tough Vertex No Show UL | 27 | 2 | 0.12 |
| Baselayer - Upper Body S/S | Patagonia UL Capilene | 71 | 1 | 0.16 |
| Bug Headnet | Coghlan's Mosquito Head Net | 16 | 1 | 0.03 |
| Insulation - Head | Smartwool RVSB Training Beanie | 47 | 1 | 0.10 |
| Insulation - Upper Body | Malachowski Zion Ultralight (L) | 284 | 1 | 0.63 |
| Shell (Rain) - Jacket | Black Diamond Mono Point (M) | 239 | 1 | 0.53 |
| Shell (Rain) - Mitts | REI Minimalist | 61 | 1 | 0.13 |
| Shell (Rain) - Pants | Haglofs LIM Proof | 190 | 0 | 0.00 |
| Shell (Wind) - Shorts | MYOG Shorts | 58 | 1 | 0.13 |
| Hat (Baseball cap) | Patagonia Snow Wave | 82 | 1 | 0.18 |
| | | | Total | 2.01 |
| Food & Drink | | | | |
| Solo Pot | Zelph 850mL Pot, Lid, MiniBic | 105 | 1 | 0.23 |
| Alcohol Stove/Windscreen for 0.75L Pot | ULC Cone, Starlyte | 38 | 1 | 0.08 |
| Mug | Evernew 400ml Single Wall (450ml Dbl Wall=151) | 50 | 1 | 0.11 |
| Eating Utensil | MSR Ti Spoon (Trimmed) | 15 | 1 | 0.03 |
| | | | Total | 0.46 |
| Misc Gear | | | | |
| Toothbrush | Toothbrush | 7 | 1 | 0.02 |
| Tooth Paste | Crest - Mini 20ml Tube 1/4 full | 16 | 1 | 0.04 |
| Purifying Water | AquaTabs (10 pack) | 1 | 1 | 0.00 |
| Sunscreen | Sunscreen in 30ml bottle | 20 | 1 | 0.04 |
| Chapstick | Bushwacker by Bee Balm | 9 | 1 | 0.02 |
| First Aid Kit | Band-aids, Pills, Steri-strips | 15 | 1 | 0.03 |
| Multipurpose Biodegradable Soap | Campsuds in 15 ml Dropper | 20 | 1 | 0.04 |
| Bug Repellent | 100% Deet in 5ml Dropper | 5 | 1 | 0.01 |
| Cord | LiteTrail 1.8mm (50') | 30 | 1 | 0.07 |
| Repair Kit | Tenacious Tape, Pad Patches, Seam Grip | 30 | 1 | 0.07 |
| Fire Starting Kit | Tiny sparker, 1 x QuickFire & 5 x Tinder Tabs | 10 | 1 | 0.02 |
| Lighting Fire | Mini BIC Lighter (11.6g when new) | 11 | 1 | 0.02 |
| Cutting | Swiss Army Mini Classic | 22 | 1 | 0.05 |
| Sunglasses | Oakleys Flak | 25 | 1 | 0.06 |
| Compass | Suunto Mini | 9 | 1 | 0.02 |
| Maps | TBD Map | 15 | 1 | 0.03 |
| Regular Lighting | Fenix HL10 (29g + 14g for AAA) | 43 | 1 | 0.09 |
| Communications | DeLorme InReach SE | 187 | 1 | 0.41 |
| Powerbank (Lg) | Anker PowerCore II 10000 w cords (phone, chrg) | 204 | 1 | 0.45 |
| Phone | iPhone 8 w case | 193 | 1 | 0.43 |
| | | | Total | 1.92 |
| Base Weight | | | | 9.61 |

| | | | | |
|----------------------------------|---|------|--------------|--------------|
| Consumables | | | | |
| Water | Water (1 litre) | 1000 | 1 | 2.21 |
| Food | Food (per day) | 681 | 8 | 12.03 |
| Toilet Paper | Toilet Paper (280 sheets, 2 ply, 5days per roll @ 2p) | 88 | 2 | 0.39 |
| Fuel | Methanol (.792g/ml x 29.5ml per fl oz) | 23 | 25 | 1.29 |
| | | | Total | 15.91 |
| Worn / Carried | | | | |
| Shirt | Patagonia Sun Stretch (L/s shirt) | 188 | 1 | 0.42 |
| Socks - Hiking | Darn Tough Vertex Coolmax UL No Show Med | 27 | 1 | 0.06 |
| Hiking Poles | Fizan's | 320 | 1 | 0.71 |
| Watch, Alarm, Altimeter, Compass | Casio PAW1300 | 60 | 1 | 0.13 |
| Bear Agitator | Counter Assault 10oz Bear Spray | 305 | 1 | 0.67 |
| Hiking Pants | Patagonia Quandary | 277 | 1 | 0.61 |
| Hiking Shoes | Inov-8 TerraUltra G260 | 253 | 2 | 1.12 |
| | | | Total | 3.72 |

Pack Weight 25.53
Pack + Worn Weight 29.24